



PSHE /RSE Curriculum Statement

At Carter's Charity, our vision is to provide our children with a high quality, inclusive education inspired by British Values. Excellent teaching and learning form the basis of all our work delivered through a caring, creative ethos.

Our children are encouraged to have a positive attitude, develop resilience in their approach to learning, become confident in their own ability, independent and motivated to achieve their full potential.

We believe that it is our duty to make learning fun, engaging, memorable, accessible and ambitious for all children, instilling in them a love of learning.

We take seriously our duty to teach children about the fundamental British Values of mutual respect and tolerance, democracy, the rule of law and individual liberty. These values are woven through our curriculum so that our learners leave us prepared for life in modern Britain.

PSHE/RSE Intent

Here at Carter's Charity School, our intention is that children leave, with the knowledge, understanding and emotional maturity, to be able to play an active, positive and successful role in today's diverse society. Our PSHE lessons develop the acquisition of knowledge and skills which will enable children to access the wider curriculum and prepare them to be a global citizen now and in the future. It promotes the moral, cultural, mental and physical development of our children. Our relationships and sex education planning is progressive and seeks to help our children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives.

We want our children to have high aspirations; a belief in themselves; and realise that anything is possible if they put their mind to it. In an ever-changing world, it is important that they are aware, to an appropriate level, of different factors which will affect their world. We wish for all children to develop strategies to learn how to deal with these factors to support their mental and physical health and well-being.

PSHE/RSE Implementation

PSHE is highly valued and an integral part of our school. In keeping with the opportunities set out in the SCARF Programme of Study and statutory 'Health Education and Relationships Education

guidance', we ensure coverage of Health and Well-Being; Relationships; and Living in the Wider World learning throughout our weekly PSHE lessons.

All children are taught PSHE using SCARF, which is a progressive scheme of work which aims to prepare children for life, helping them to know and value who they are and understand how they relate to other people in this ever-changing world. Within each unit, there is a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health. SCARF provides links to British values, and spiritual, moral, social and cultural development and is taught in such a way as to reflect the overall aims, values, and ethos of our school.

At Carter's Charity School, in addition to Relationships Education, we also teach aspects of Sex Education through the 'SCARF' scheme. As part of this, we teach children about different kinds of relationships, including same sex relationships, and gender identity because it is important that our children should understand the full diversity of the world they live in and be prepared for life in modern Britain.

EYFS

Within the Foundation Stage, PSHE and citizenship is embedded throughout the curriculum. The objectives taught are the Personal, Social and Emotional Development statements from 'Development Matters' and the PSED Early Learning Goals. Reception also uses the SCARF Scheme of Work materials to deliver specific PSHE lessons.

Years 1-6

PSHE is taught through SCARF's six half termly themes with each year group studying the same units throughout the year (at their own level):

Me and my Relationships

Valuing Difference

Keeping Safe

Rights and Respect

Being my Best

Growing and Changing

PSHE within the Wider Curriculum

- We aim to help our children build resilience, independence and confidence, embrace challenge and foster a love of learning. We do this through the language we use in class, praising children for their efforts and using strategies to encourage children to change their way of thinking. This supports both our school and PSHE values.
- PSHE, including social, moral, spiritual and cultural and British Values, is an integral part of the whole school curriculum and is therefore often taught within another subject area.
- Visitors such as emergency services and the school nurse complement our PSHE curriculum to offer additional learning.
- We encourage our children to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. We challenge all of our children to look

for opportunities to show the school values and each week, our Values Champions, nominate a child who has demonstrated these core values from each year group, to receive a school values award.

- School assemblies are linked to PSHE, British Values and SMSC, as well as additional sessions that would benefit the whole school.

PSHE/RSE Impact

By the time our children leave school they are able to approach a range of real-life situations and apply their skills and attributes to help navigate themselves through modern life. The children appreciate difference and diversity and have had the opportunity to explore, understand and learn strategies to manage their emotions. Through our PSHE work, our children are on their way to becoming healthy, open minded, respectful, active members of society. They are aware of, and can express how school, life allows them to demonstrate knowledge of British values.